

Reflection of the Days

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After coming to school I talk less with my supervisor and more with students of different backgrounds. As a student, life starts fluently; as a researcher, I stopped. Research needs concentration and ignoring outside noise. We focus on what we are doing now and be clear about the next research. It is another life.

I talk a lot with my roommate, who has rich social experience and is flexible. But I do not see passion and concentration for academic work from his arrangement. We are researchers—not students, not big-company programmers, not guests in the lab. No matter where we are or how we get paid, we must think clearly what I want and what I should do.

Noise is everywhere: networking, “staying informed,” tools and errands. Work must be clear: read hard things with attention; write and revise until the argument holds; design experiments that can fail; code the core; analyze failures until I see the mechanism.

Research needs more than 50% of the day: real thinking and thoughts. If there is no page I trust, no figure I can defend, or no result that teaches me something, the day was noise. The next step should be one precise sentence—hypothesis, dataset, baseline, ablation, or lemma. If I cannot write it at the start, I am circling. Meetings are about friction, not frequency: bring artifacts, not opinions.

Not a slogan. Not tomorrow. It's now.