

How to be a mature man

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There are three kinds of wisdom: thoughts in mind, organized writing, and delivered speech.

After a long period of reflection, especially concluding these years success and failure of past 10 years, I deeply realized the process of maturation in my definition.

Ok. Let us relax with a yawn. The first step to maturity is to accept the current situation. We can change nothing happened, but we do not need to be strong. Just be yourself and enjoy the current moment. Maybe you are down or upset. Maybe the past problems are caused by you or others. It does not matter. Life is hard, just be what u wanna be.

After leaving the tensed state with anger or anxiety. Let us calm down. What makes u unhappy? For me, I don't like the reporting style with my supervisor and how I talk to girls. But the first problem is caused by my family. Because my parents like to blend the good ideas of education and never respect my thoughts, I become a boy who cannot follow my heart and drop to the original position over and over again. So what should I do? Leave them. Yes, after u become mature, u can go back. But when u are fragile, please solve your own problems first. I can understand their improper love, but can never bear with the manipulation of our own independent thinking, no matter what other think/say.

Congratulations! Leaving the toxic environment may make u much peaceful now. As u know, a man is a wild animal. Let's do something what a man should be. What is a good man? A good man has a desire and can chase his girl/dream over and over again. A man never take care of what other thinking but stick to himself. Why not say hello to the girl u are interested in? Why not dress yourself with good looking and enjoying your trip? Why not handle others query flexibly?

There are some tricky but real important notes for u bro:

1. Organize your room, dress, thinking and life in a order.
2. Straigten your back, u are confident.
3. Try what u wanna try, actively explore the boundary.
4. Nothing is important if u can live a life.

U can always be yourself and live a life for yourself, except for the case that you are struggling for a life.